



Santa Rosa United



P.O. Box 12154 • Santa Rosa, CA 95406 • (707) 541-7627 • www.srunitied.com
Office: 3539 Sweetgum St., Santa Rosa, CA 95403 • email: administrator@srunitied.com

TRAVEL GUIDE WITHIN YOUR AGES

It is important to understand that this guide was created so that the players, parents, coaches, and club are all on the same page in regards to ideas and communication. Some will feel this is too much and others may feel it is not enough. I am trying to meet where the majority are currently, which is why there are ranges to work within. This idea has come from meetings with parents and coaches where I saw a need to achieve more consistency in our decision making. This guide is also meant to respect the finances of all and that we make decision that are best for the player's development and not over burden our parents financially. At the younger ages we can accomplish a lot and not travel too much or too far. When our players reach the older ages we need to take a different approach to meet the player's and team goals. Listed below are the travel plans for all the ages in the club. Also included are the different tournaments to attend.

Academy: The goal for this age group is technical development and to get kids excited or keep kids excited about soccer. This age group should play in 4-6 tournaments in the year. MOST of the games and tournaments should be less than a 45 minute drive from Santa Rosa. There should be no more than 1-2 times in the year where tournaments would be 1-1 1/2 hours drive (Sacramento and East Bay). There is more than enough adequate competition within these distances to meet the developmental needs of this age. If there is a group in the academy that we need to challenge more, we can do that by training against older teams or play an event up an age.

U11-U13: The goal of this age is technical development, tactical development, and development of individual personalities through sports both on and off the field. This age group's games and tournaments should be within a 3-4 hours drive from Santa Rosa with no flying. They should play in 4-6 tournaments in the year. They do not need to leave Northern California to meet their development needs. The exception is where a team can not find enough adequate competition. This means that the team is finalist in high level tournaments in Northern California or finalist in state cup. If this occurs, they should travel to Southern California for an event.

U14-U18: The goal for this age group is tactical development, leadership growth, some technical development, and college advising and showcasing. This age group should travel 2-5 times outside of Northern California and play 2-3 times in Northern California at tournaments. The U14 group should be on the lesser side of the ranges. If a team is not in the Top 10-15 in the CYSA-North they should not travel as much outside of Northern California.

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